

PERFORMANCE SING-ALONG WORKSHOP

Learn - Rehearse - Perform - Connect

Workshop Goal: To help singers develop confidence, vocal awareness, stage presence, movement, and audience connection while learning how to give a **full-out performance**.

1. WELCOME & WORKSHOP INTRODUCTION

From Practice to Performance

Practice - At Home

- Learn and practice your song at home.
- Know your lyrics, melody, rhythm, and entrances.
- Preparation builds confidence.

Rehearsal - Rehearse Full Out

- Rehearsal is the time to put everything together.
- Practice singing, movement, facial expressions, and storytelling.
- Don't wait until showtime to discover how you are going to perform the song.

Showtime - Give It Everything You've Got

- People are waiting for you to go full out and be the best you can be.
- Don't leave anything on the table - or on the stage.
- Give the audience the performance you prepared to give.

Performance Mindset

Don't live a performance life of regrets.

Don't walk away thinking: *"I wish I would have..."* or *"I could have done better than that..."*

When you leave the stage, know that you gave the performance your very best.

2. GROUP VOCAL & BODY WARMUPS

Warm up together as a group.

Focus on:

- Breathing
- Vocal warmups
- Posture
- Body relaxation
- Facial expressions
- Energy
- Preparing the entire body to perform

3. THE BODY AS PART OF THE PERFORMANCE

Breathing - The Foundation

- Taking breaths at the proper time

- Breathing correctly
- Supporting your voice
- Avoiding running out of breath
- Using breath to support longer phrases

Eyes - Connect With Your Audience

- Singing with your eyes open versus closed
- Looking at the audience
- Making intentional eye contact
- Using your eyes to communicate emotion
- Staying connected instead of retreating into yourself

Arms - Tell the Story

- Avoid stiff arms
- Don't let your arms simply hang without purpose
- Use natural gestures
- Allow your hands and arms to help tell the story
- Make movements intentional rather than distracting

Legs & Movement - Move With Purpose

- Avoid standing frozen in one place
- Avoid ambling or wandering around the stage
- Walk with purpose
- Know why you are moving
- Allow movement to support the lyrics and story

Key Question: *Why am I moving?*

Every movement should have a purpose.

4. TEMPO, RHYTHM & ENERGY

Learn how tempo affects your performance.

Practice:

- Feeling the beat
- Staying with the music
- Understanding when the tempo changes
- Matching your physical energy to the tempo
- Moving naturally with the rhythm
- Maintaining vocal control while moving

5. PERFORMANCE SING-ALONG #1 - "SEASONS OF LOVE"

Performance Focus:

- Group singing
- Breathing
- Vocal blend
- Eye contact
- Facial expression

- Connecting with the meaning of the song
- Communicating with the audience

Exercise: Perform the song once concentrating primarily on singing. Then perform it again while intentionally adding eyes, facial expression, body language, and audience connection.

6. PERFORMANCE SING-ALONG #2 - “EASE ON DOWN THE ROAD”

Performance Focus:

- Energy
- Tempo
- Rhythm
- Movement
- Walking with purpose
- Arms and body language
- Stage presence
- Performing while singing

Exercise: Explore the difference between simply **singing the song** and actually **performing the song**.

7. PUTTING IT ALL TOGETHER - FULL-OUT PERFORMANCE

Participants combine everything learned during the workshop:

Voice + Breath + Eyes + Arms + Legs + Movement + Tempo + Emotion + Storytelling

FULL OUT!

- Perform as though this is the actual show.
- Commit to the song.
- Commit to your movement.
- Connect with your audience.
- Tell the story.
- Don't hold back.
- Don't wait for someone else to bring the energy.

Remember: The audience is waiting for you to give them something.

8. CLOSING: LEAVE IT ON THE STAGE

Final Group Discussion:

- What changed when you performed full out?
- Did movement affect your singing?
- Were you connecting with the audience?
- What felt uncomfortable?
- What can you practice at home?
- What will you do differently the next time you perform?

Final Performance Reminder

**Practice at home.
Rehearse full out.
Perform with purpose.
Connect with your audience.
Tell the story.
Leave it all on the stage.**

When the performance is over, you should be able to walk away knowing:

"I gave it everything I had."